

QUALITY*training creates* QUALITY PEOPLE

# MMCT Course Portfolio 2021





#### IOSH Managing Safely

IOSH Working Safely

IOSH Safety, Health & Environment for Construction Workers

IOSH Safety, Health & Environment for Construction Site Managers



National General Certificate

National Construction Certificate





Health & Safety in the Workplace Level 1, Level 2 & Level 3

Level 1 award in Health & Safety for construction

Level 2 award in Risk Assessment

Level 3 award in Emergency First Aid at Work

Level 3 award in First Aid at Work

Level 2 award in Manual handling

Level 3 award in Effective & Auditing & Inspection





Health and Safety Awareness

Site Supervisor Safety Training Scheme (SSSTS)

Site Supervisor Safety Training Scheme Refresher Course

Site Management Safety Training Scheme (SMSTS)

Site Management Safety Training Scheme Refresher Course





Level 1 - First Aid for Mental Health Awareness

Level 2 - First Aid for Mental Health

Level 3 - Supervising First Aid for Mental Health

Level 3 award in Emergency First Aid at Work

Level 3 award in First Aid at Work





#### Qualitative Face Fit Testing

### Qualitative Face Fit Train the Tester



#### UKATA Asbestos Awareness



# Certificated Courses



First Aid at work Emergency first aid at work Fire warden Manual Handling Positive Mental Health & Wellbeing Awareness Management of working at heights Safety Harness Inspection Steps & ladder inspection for managers and supervisors Steps & ladders Work at heights Asbestos Awareness Power tool safety awareness including abrasive wheels Safe selection and mounting of abrasive wheels Safe selection and use of abrasive wheels on portable machines Paslode & Hilti Nailguns Cable avoidance & safe excavation awareness (CAT & Genny) Spill Kit CoSHHawareness Vehicle Banksman Toolbox talks – Train the presenter Customer services Telephone techniques

### Driver CPC Approved Courses



All the below courses are approved by JAUPT and can be used to count towards the 35 hours of training required for a commercial driver to comply with Driver CPC standards.

Emergency First Aid at Work Plant Load Unload Bulk Haulage Operations CPC Link Core Module **Customer Service** Drivers Hours and Tachographs Fire Safety Awareness Individual Performance and Loads Manual Handling Vehicle Banksman Vehicle Performance, Driving Techniques and Safety Your Attitude ۸MC Your Company and the Law Highways England Smart Motorway Positive Mental Health & Well-being Awareness



#### <u>Business, Leadership & Management</u>

Conflict Management Discipline in the Workplace Induction of New Staff Leading and Motivating a Team Organising and Delegating Performance Management Planning and Allocating Work Solving Problems and Making Decisions Stress Management Understanding Leadership

train



#### Health & Social Care

Alcohol Awareness Dementia Awareness Safeguarding Adults and Children Sexual Health Awareness Substance Misuse Awareness Understanding Anxiety Understanding Depression Understanding Eating Disorders Understanding Stress Understanding the Safe Handling of Medication Mental Health Awareness Mental Capacity Act





#### Personal Development & Employability

Introduction to First Aid – Zone 1 Introduction to First Aid – Zone 2 Introduction to First Aid – Zone 3 Introduction to First Aid – Zone 4 Personal Money Management Rights and Responsibilities Understanding Equality and Diversity Essentials GDPR Induction Essentials First Aid Programme



#### <u>Health & Safety</u>

Health and Safety in the Workplace Manual Handling Safety at Work Prevention and Control of Infection COSHH Risk Assessment DSE Risk Assessment Fire Safety Principles





#### Health & Fitness

Explore the Principles of Healthy Eating Principles of Weight Management Understand the Principles of Exercise and Fitness

#### Retail & Hospitality

Prepare to Deliver Excellent Customer Service Food Safety Awareness

https://mmct.theskillsnetwork.com/



### Interactive Assessments



Interactive Manual Handling Assessments Camera-based Manual Handling Training that is verifiable, comprehensive and whenever you want

Practical training without the cost of organising a classroom session with an instructor.

Organise and review training done by yourself or your trainees. All you need is a device with a camera and a spare moment.

Our training is designed by qualified manual handling instructors according to recommended practices and ergonomics research.



https://mmct.co.uk/e-learning/interactive-assessments



QUALITY*training* creates QUALITY PEOPLE

Training Centre Address : 2nd Floor Oakhill Court 171 Bury New Road Prestwich M25 9ND Contact Details : Tel: 0161 511 9911 07807 214 951 Email: hello@mmct.co.uk gail@mmct.co.uk Website: www.mmct.co.uk







